



SESSION #11: NINE VIRTUES OF GREATNESS

What virtues have philosophers and historians claim to have helped notable figures in the past achieve greatness? Brendon Burchard's research found the following nine virtues. Use these activities below to help you examine how you can live an even more free and happy life. Print this page and use a journal for additional space for your responses.

The 9 Virtues of Greatness

Honesty. Responsibility. Intelligence. Excellence. Courage. Respect. Vigilance. Service. Unity. What could you do to improve in each of these areas and also help others improve?

1. *If I was going to achieve greatness in my life, I would have to start being more **honest** about...*
2. *If I was going to achieve greatness in my life, I would have to demonstrate more **responsibility**, especially in the following area ... and here's why...*
3. *If I was going to achieve greatness in my life, I would have to increase my **intelligence/competence** around this area ... and here's why...*
4. *If I was going to achieve greatness in my life, I would have to reach a higher level of **excellence** in these activities or skills...*
5. *If I was going to achieve greatness in my life, I would have to demonstrate more **courage** by doing/being the following more often...*
6. *If I was going to achieve greatness in my life, I would have to be more **respectful** of others and inspire more respect, too, by doing this...*
7. *If I was going to achieve greatness in my life, I would have to be more **vigilant** in paying attention to what matters and protecting my mindset by doing things like...*
8. *If I was going to achieve greatness in my life, I would have to be even more **service-driven** to inspire and help others, so the first things I could do to provide more service and care to others would include...*
9. *If I was going to achieve greatness in my life, I would have to unite others—my family and those I lead—and the way I could start to do that better is to...*